

## FROM THE APRIL COVER

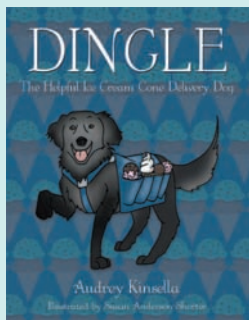


Boomer Times  
& Senior Life

*Book of the Month  
Review*

### *Dingle—The Helpful Ice Cream Cone Delivery Dog*

Author: Audrey Kinsella; Illustrated by Susan Anderson-Shorter  
— Reviewed by Anita Finley



This is what the author, Audrey Kinsella said about her book, *Dingle—The Helpful Ice Cream Cone Delivery Dog*: “Now is the time to share Dingle’s story. He’s not a trained service dog—his owner isn’t yet convinced of the need for this training. Dingle’s story may go a long way to getting the most resistant people living with disabilities to finally accept a little help that others want to extend.”

So often we want our children and grandchildren to understand what it means to be disabled or to have physical problems which require assistance. In this well illustrated book, it is actually the opposite.

The young people in this story want to help their elderly aunt, but she is just too independent and although she needs help, she just won’t admit it. Does that sound familiar?

More specifically, there is a recent trend for older adults and others who have physical and mental disabilities or challenges that are being helped with “service dogs.” They are trained to help people in all sorts of situations, young and old: blind, paralyzed, emotionally unstable and in other instances where a dog can be a life-saving companion. That is the good news...the bad news is that like the character in Dingle..., Aunt Reeny, just doesn’t seem to understand a service dog’s benefits.

**Ever wonder how well your dog understands what you need? What about thinking that he knows that he wants to assist (if only you’d let him)?**

In this story, you will meet Dingle...a dog who really wants to help, what a switch! Join him on his journey to get his ideas on the table, the outdoor ice cream cone stand one very hot summer day. When I don’t want to get up from the TV, I sure could use a Dingle!

About the author:

**Audrey Kinsella** has worked as a medical research librarian and writer for the past 25 years, focusing much of her time on finding helpful tools for the elderly and disabled. She has worked as a volunteer for a children’s book club at a Washington, D.C. public library; and for three years was also the director of information service for high technology programs at the National Rehabilitation Hospital. Kinsella is the author of more than 200 articles and the following books: *Home Healthcare: Wired & Ready for Telemedicine* (1997), *Home Telehealthcare: Process, Policy, and Procedures* (2003) and *Telehospice: A Resource Manual for Program Planning and Implementation* (2004). ***Dingle, The Helpful Ice Cream Cone Delivery Dog*** is her first children’s book.



Having lived with multiple sclerosis (MS) for 25 years, and learning (almost daily) how to manage independently, she is convinced that now is the time to share Dingle’s story. He’s not a trained service dog—his owner isn’t yet convinced of the need for this training. Dingle’s story may go a long way to getting the most resistant people living with disabilities to finally accept a little help that others want to extend.

(Publisher: Authorhouse. To purchase this book, go to [authorhouse.com](http://authorhouse.com) or [amazon.com](http://amazon.com).)