

Letter from the Publisher



Dear Readers:

No one has to tell you that February is the month that we think of love and friendship. This month we turn our hearts and minds to the inconceivable turmoil and catastrophe in the world where the tsunami left hundreds of thousands dead and damaged. The money that we would normally spend on our loving family or a special person to celebrate Valentine's Day could be transferred to sending to help a child, an elder person, a pregnant mother to survive in a strangely familiar world or for general relief efforts.

Art is a funny thing. We are so used to seeing paintings on the wall, sculpture in the park and even glass objects on shelves that it is hard to imagine seeing material draped as gates and carefully placed in a highly visible place like Central Park in New York. World famous Christo continues to amaze the world by his carefully planned, ethereally artistic designs and New York City is the lucky place this year. We are on our way to see this once-in-a-lifetime, 2 weeks in February display of his "Gates in Central Park" fantasy. We still remember touring by boat and flying above the "Surrounded Islands" that Christo and his many volunteers delivered so well in the blue green waters in Miami in 1986.

—Anita Finley, Gerontologist
February 2005

Happy Valentine's Day!

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BoomerTimes & Senior Life *Book of the Month*

The Magnificent Seven Plus ONE... The Art Of Discovering Inspiration From Within

Author: Donna Hazle Glanzman — Reviewed by Anita Finley

Donna Hazle Glanzman, the reigning Mrs. All American, has authored an inspirational book, *The Magnificent Seven Plus ONE...The Art of Discovering Inspiration From Within*. Published by Atlanta-based **Beautiful Media LLC**, this work is designed to motivate people to prioritize and enrich their lives while establishing a stronger faith-based support system.

When I first read her book, I was amazed that this beautiful woman was so astute in so many areas of life. Not only is she a powerful executive, but she is a loving woman with so much to give to society. Ms. Glanzman has adapted her message to people of all ages, and from all walks of life. Her sincerity of purpose and dedication to her work is evident in every chapter.

The book focuses on eight simple, yet effective approaches to life. *The Magnificent Seven Plus ONE* helps the reader assess how to deal with daily challenges in practical and realistic ways. Using personal and pragmatic stories, quotes and questions, Ms. Glanzman leads the reader on an inspirational journey that ensures balance and purpose in life. She offers simple, yet highly effective exercises to eliminate many of the hurdles that we all face. She challenges readers to take a closer look at themselves, make honest assessments and then, enact positive changes.

Donna Glanzman, who has been



in the "people business" for decades, first as a teacher, then as a highly successful public relations executive and motivational speaker, brings all of her communication skills to the table. *The Magnificent Seven Plus ONE* contains chapters on a wide variety of subjects including "Value What Really Matters!" "Always Have a Dream!" "Without the Valleys of Life,

There are No Mountains! and "Believe There Is a Hole in Your Heart that Only God Can Fill!" The book is woven into a thought-provoking tapestry containing vignettes and heart-warming stories gleaned from a lifetime of experiences. Each illustrates one of the author's

meaningful messages. Additionally, the book contains interactive quizzes that educate the reader and reinforce Ms. Glanzman's concepts.

You'll laugh, and you may cry, but *The Magnificent Seven Plus ONE* is definitely the "feel good" book of the year. It will be on the A-list for reading choices about life enhancements and self-improvement! "I believe that this book will encourage you to discover your greatest assets. And once discovered, you will be rewarded with an understanding of why God has placed you on this earth," says Glanzman.

To purchase *The Magnificent Seven Plus ONE*, go to Amazon.com or your local bookstore. To contact the author, email her at dhglanz@aol.com

You can make more friends in a month by being interested in them than in ten years by trying to get them interested in you.

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