

## Life Care at Abbey Delray Retirement Community

**Q:** What is the difference between a life care community and a rental community?

**A:** Being a true life care community in the area, Abbey Delray provides residents with the peace of mind that comes from knowing they will never have to move again. You will enjoy the assurance that you will always have unlimited access to our new, state-of-the-art, on-site Health Care Center. Plus, you will be surrounded by family and friends, for as long as needed at virtually no additional cost. In addition, you'll also have priority access to our Assisted Living residences should you ever require this level of care. The most important advantage is that you will never wonder where you will go or who will provide care if a health crisis should occur.

**Q:** What are some of the benefits of living at Abbey Delray?

**A:** Abbey Delray offers many choices in retirement living including villas, studios, one-bedroom and two-bedroom apartment homes. The staff at Abbey Delray also handles all the time-consuming chores, including weekly housekeeping and flat laundry services, routine maintenance,

grounds keeping and scheduled transportation. So you can concentrate on the more important things -- such as enjoying your neighbors and participating in the activities you enjoy.

**Q:** Why should I consider Abbey Delray now?

**A:** You should consider retirement living now at Abbey Delray while you are still healthy. You will be able to enjoy the wide range of activities and amenities, surrounded by friendly neighbors to share them with. You can begin preparing now so you'll be ready to move when your choice of residence becomes available.

For more information on the retirement options available at Abbey Delray Retirement Community, please contact Kim Lesky today at (561) 454-2000 or (800) 936-7397.



**Abbey Delray**  
AN LCRC COMMUNITY

2000 Lowson Boulevard  
Delray Beach, FL 33445

(561) 454-2000 • (800) 936-7397

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In 1920, the average bill at an everyday diner was 28 cents.  
(From: *Random Kinds of Factness*)



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## Have A Howling Good Halloween

**J**ust a reminder as Halloween draws near—dogs and chocolate aren't a good combination. Chocolate contains a drug called theobromine, and for some dogs, this is a toxin that causes serious illness—or worse.

Regardless of your trick or treat plans—follow these simple safety rules and keep your dog safe this Halloween.

1. No chocolate. Be careful where you put the bowl of candy.
2. Keep pets in a quiet room, insulated from doorbells and noise.
3. Keep pets on a short leash if you go outside.
4. Watch out for those pumpkins with candles.
5. Don't force your pet to wear a costume if they are not amenable.
6. Bring your pet inside on Halloween night. Pranksters can be cruel.

Offer some dog-friendly treat alternatives. There are some howling new products available on the Internet this fall. Type in Woofy-Pop on your favorite search engine—and you'll find a yummy, crunchy microwave-ready popcorn snack. Dogs roll-over for parmesan, bacon and chicken popcorn flavors.

Planning on snuggling and watching a scary movie this Halloween? Nothing can spoil the moment like bad breath. Have some Yip Yaps on hand—you got it. They're a breath freshener for dogs. Speak!

Halloween is a fun human holiday, but your friends at [DogToys.com](http://DogToys.com) remind you to keep your best friend safe and out of harm's way so you both can have a howling good time. If you have questions about these products call 1-877-364-8697.

## LIFE IS JUST HARDER FOR SOME... THAN FOR OTHERS.

*Can you find time to help?*

Some day all of us will face the reality of being in a wheelchair providing care-giving, or being the recipient of care-giving. Statistics show that millions of people provide assistance to disabled or elderly parents, relatives or friends. Many people do not have living relatives to take care of them and have to rely on friends or volunteers.

Just an hour of your time means so much to a person who is unable to get out without assistance. Please help disabled or elderly family members and friends in your area. You can provide transportation to the doctor's office or grocery store; do yard work, prepare meals or just provide a listening ear. You will receive such a blessing as you watch their faces light up because they know someone really does care!

If you'd like information on how you can help disabled or homebound family and friends in your area, please call toll-free: 1-888-503-7955 or visit our web site at: [www.maysmission.org](http://www.maysmission.org).

*Dedicated to serving people with disabilities and enhancing their quality of life. Educating the public that, given the opportunity, people with disabilities can succeed and become productive citizens.*



**MAYS MISSION**  
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Toll Free: 1-888-503-7955  
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**Old minds are like old horses; you must exercise them if you wish to keep them in working order.**

*John Adams*

## ATTENTION SENIOR CITIZENS



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- OWN YOUR OWN HOME?
- NEED A MONTHLY INCOME?
- WANT TO ELIMINATE MONTHLY MORTGAGE PAYMENTS?

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