

LIFESTYLE SECTION

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Living It Up!



Spaghetti means "little strings"
Linguine means "little tongues"
Vermicelli means "little worms"
Ravioli means "little turnips"

(From: Random Kinds of Factness)

Always Arrive Early At Your Destination

Imagine the following scenario. You are leaving tomorrow for a wonderful cruise to the Baltic. This dream of a lifetime cruise is going to transport you in style to some of the most fascinating cities of Northern Europe...and your trans-Atlantic flight is scheduled to arrive into Copenhagen just a few hours before your ship is supposed to depart from the dock.

On a good day if there is no bad weather holding your plane hostage at the airport, you will more than likely make your connection in Atlanta or JFK or Newark and the flight will arrive on time in Copenhagen with ample time to check in at the cruise terminal. But what if a warning light appears on the pilot's control panel just before push-back from your gate in Ft. Lauderdale and the plane is delayed for two or three hours...are you going to make your connecting flight at JFK? Or, what if the connecting international flight from JFK to Copenhagen has a mechanical problem or there is bad weather around the JFK airport. Well, I think you get the picture. This passenger is not going to get to Copenhagen in time to board their ship. Yikes, that is just not a good way to start a vacation.

No matter how well we plan our vacations, we must always realize that sometimes situations beyond our control can throw a big wrench into our travel schedules. That is why it is always prudent to plan for disruptions in flight schedules.

Here are some suggestions that may save you a huge amount of anxiety the next time you plan your travel arrangements. If, for instance, you are traveling to Seattle or Vancouver to board a ship for the perfect escape to the pristine wilderness of Alaska, you might think about arriving into either of these cities for a restful day or two of local sightseeing before boarding your inside passage cruise vessel.

Another reason you might want to arrive early is to make sure your luggage catches up with you. I must admit that the airlines have come a long way as it relates to getting baggage to the right place at the right time. However, every once in a while stuff happens and your luggage takes a different route than you do. Just imagine what a challenge it might be if you arrived at the Seattle airport on the same day your ship is scheduled to leave and you do not have all of your luggage...or worse yet, just your carry on luggage.

So next time you travel a long distance to board a ship or start a tour, do yourself a favor and arrive a day or two early at your destination... even if you have been there before. You will be so much more relaxed and

your vacation will be so much more enjoyable.



Jim Sweat, CTC

Jim Sweat, CTC, is Managing Director, Travel Agency Services of AAA Auto Club South, Tampa, FL.

AAA Travel, Auto Club South, with more than 3.7 million members in Florida, Georgia and Tennessee is the largest travel agency in the Southeast United States and is one of the top ten leisure travel agencies in the nation. AAA is the largest membership travel organization in the world with 47 million members in the United States and Canada.

♥ Ryan Zachary...An Update

By Rose Liebman

The last time you met me was Mother's Day. I am now a sturdy 7-month old ready to face the world. I am 28" long and weigh 20 pounds. My poor mother is a petite little girl and it's difficult to figure out how she picks me up, but she manages beautifully.

The highlight of my life recently was a weekend visit from my great-grandparents, Rose and George from Florida. They saw me and went to pieces. I had to look them over because I didn't remember them.

I call Rose "Nanna"—she's not crazy about that—and George—"Papa"—he's okay with it.

After I decided they were very loving, I relaxed. I went into my act for

them. I started with the "exersaucer" which held all my toys and ended up singing with the music.

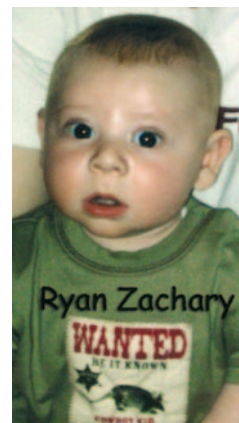
Nanna fed me but I kept looking her over—this blonde, wild lady who loves me.

We played and played and spent the days just in total conversation about nothing.

I'm going to Florida this winter to visit and I understand the residents of the condo where they live are waiting to see me. By then I feel I could handle the situation.

Finally when they were leaving, I felt badly because they are so great. See you soon, Rose and George...Luv'ya, Ryan Zachary.

Rose Liebman is on the staff of BoomerTimes & SeniorLife.



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